



GIRLS ALL TIME NSPSL RECORD: Simone Lundquist (8) Heritage Christian Academy in 2016, at Bassett Creek - 5:53  
 BOYS ALL TIME NSPSL RECORD: John Nordstrom (8) Heritage Christian Academy in 2012, at Brookdale Park - 5:22  
 Coach Jon Kroeze of Calvin Christian had FIRST EVER PERFECT SCORE (15) in 2017!  
 While locations VARY - these are the FASTEST time recorded with data that has been made available

Blaine Sports Complex  
 Oct 29th 2019  
 Weather - 27 degrees, clear skies, 11 mph winds from WSW

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Avail Academy	17	J. Kroeze	1	St Vincent de Paul	43	P. Baker
2	St Vincent de Paul	82	P. Baker	2	Avail Academy	57	J. Kroeze
3	St Alphonsus	82	T. Misko	3	St Alphonsus	65	T. Misko
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Luke VanGeest (8) AVAIL	5:34:09	J. Kroeze	1	Mary Carter (8) STA	6:10:02	T. Misko
2	Michah Strand (8) AVAIL	5:42:03	J. Kroeze	2	Brigid Keran (6) SVDP	6:20:02	P. Baker
3	Jake Ritzema (7) AVAIL	5:43:09	J. Kroeze	3	Camille Friden (5) SVDP	6:34:03	P. Baker

Epiphany Catholic School Grounds  
 Oct 10th 2018  
 Weather - 46 degrees, misting and calm skies

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Avail Academy	32	J. Kroeze	1	St Vincent de Paul	28	P. Baker
2	St Alphonsus	44	T. Misko	2	St Raphael's	69	S. Gerlach
3	St Vincent de Paul	47	P. Baker	3	Avail Academy	78	J. Kroeze
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Johnny Hagen (8) AVAIL	5:30:09	J. Kroeze	1	Mary Carter (7) STA	6:13:06	T. Misko
2	Jacob Ritzema (6) AVAIL	5:38:09	J. Kroeze	2	Maddie Larsen (6) SVDP	6:17:03	P. Baker
3	Leo Carter (8)	5:48:08	T Misko	3	Maggie Albers (8) SVDP	6:18:06	P. Baker

Bassett Creek Park, New Hope  
 Oct 30th 2017  
 Weather - 42 degrees and windy!

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	15	J. Kroeze	1	Calvin Christian	51	J. Kroeze
2	St Vincent de Paul	92	P. Baker	2	St Vincent de Paul	59	P. Baker
3	Epiphany	94	D. DeRaad	3	St Raphael's	120	C. Gerlach
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Josiah Schaap (8)	5:36	J. Kroeze	1	Gina Solberg (8) HER	6:12	
2	John Hagen (7)	5:42	J. Kroeze	2	Becky Cerezo (8) CC	6:34	J. Kroeze
3	Isaac Moin (8)	5:59		3	Mary Carter (6) STA	6:35	T. Misko

Bassett Creek Park, New Hope  
 November 1st, 2016  
 Weather - 64 degrees wind from the SE

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	30	J. Kroeze	1	Heritage	23	N Wentz
2	St Vincent de Paul	85	P. Baker	2	Calvin Christian	67	J. Kroeze
3	Epiphany	93	M. Zar...	3	Epiphany	88	M. Zar...
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Joshua Kroeze (8) CC	5:31	J. Kroeze	1	Simone Lundquist (8) HER	5:53	N Wentz
2	Lucas Peterson, SH	5:39		2	Teagan Carrington (8) HER	5:57	N Wentz
3	Josiah Schaap CC	5:45	J. Kroeze	3	Gina Solberg (7) HER	6:13	N Wentz

Bassett Creek Park, New Hope  
 October 29th, 2015  
 Weather - 48 degrees, cloudy and wind from the S @ 18 MPH

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	43	J. Kroeze	1	Heritage	25	N Wentz
2	Ave Maria	68	M. Scho..	2	Providence	68	R. Fogle
3	Providence	83	R. Fogle	3	Calvin Christian	82	J. Kroeze
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Brian Brown (8) EPIPH	5:30	M. Zar...	1	Simone Lundquist (7) HER	6:03	N Wentz
2	Liam Carney (6) PROV	5:39	R. Fogle	2	Grace Solberg (7) HER	6:22	N Wentz
3	Carter Kneeland (8) HER	5:43	N Wentz	3	Emma Kelly (6) PROV	6:22	R. Fogle

Brookdale Park, Brooklyn Park  
 October 28th, 2014  
 Weather - 44 degrees, cloudy, strong NW wind @ 14 MPH

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	59	J. Kroeze	1	St Alphonsus	36	
2	Providence	84	R. Fogle	2	St Vincent de Paul	46	P. Baker
3	Ave Maria	90	S. Slaven	3	Calvin Christian	63	J. Kroeze
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Brian Brown (7) EPIPH	5:35	M. Zar...	1	Kaitlyn Mattox (8) SVDP	6:20	P. Baker
2	Liam Carney (5) PROV	5:50	R. Fogle	2	Simone Lundquist (6) HER	6:30	N Wentz
3	Caleb Peterson HER	5:51	N Wentz	3	Anna Hanson (8) SVDP	6:50	P. Baker

Brookdale Park, Brooklyn Park  
October 29th, 2013  
Weather - 45 degrees, overcast & drizzle

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Vincent de Paul		P. Baker	1	St Vincent de Paul		P. Baker
2				2			
3				3			
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1				1			
2	Stefan Ferrera (8) SVDP	5:31	P. Baker	2	Katelyn Gasperlin (8) SVDP	6:00	P. Baker
3	Dylan Sable (8) SVDP	5:38	P. Baker	3			

Brookdale Park, Brooklyn Park  
October 30th, 2012

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Alphonsus	62		1	St Vincent de Paul	???	P. Baker
2	St Vincent de Paul	69	P. Baker	2	St Alphonsus	???	
3	Calvin Christian	133	J. Kroeze	3	Epiphany	???	M. Zar...
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	John Nordstron (8) HER	5:22	N Wentz	1	Taylor Lundquist (7) HER	6:04	N Wentz
2	Paul Breitbach (7) EPIPH	5:35	M. Zar...	2	Kelly Opat (7) STA	6:24	
3	Ryan Hall (8) STA	5:47		3	Grace Tutland (8) SVDP	6:28	P. Baker

Brookdale Park, Brooklyn Park  
October 25, 2011

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Vincent de Paul		P. Baker	1	St Vincent de Paul		P. Baker
2	Epiphany		M. Zar...	2	St Alphonsus		

3	St Alphonsus			3	Epiphany		M. Zar...
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Michael Volk (8) SVDP	5:32	P. Baker	1	Michaela Brands (8) SVDP	5:57	P. Baker
2	Paul Breitbach (6) EPIPH	5:36	M. Zar...	2	Kelly Opat (8) STA	6:21	
3	Josh Nordstrom HER	5:40	N Wentz	3	Hailey Hanson STEPH	6:25	

Brookdale Park, Brooklyn Park  
Oct 28th, 2010  
Weather - 41 degrees, 12-18 MPH winds, sunny

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Alphonsus			1	St Vincent de Paul		P. Baker
2	Calvin Christian		J. Kroeze	2	St Alphonsus		
3	Sacred Heart			3	Sacred Heart		
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Jayden Walsh (6) SVDP	5:34	P. Baker	1	Amy Gasperlin (8) SVDP	6:03	P. Baker
2	Seth Hanson (8) CC	5:38	J. Kroeze	2	Michaela Brands (7) SVDP	6:16	P. Baker
3	Luc Robichaud (8) STA	5:39		3	Emily Rose (8) STA	6:27	

Brookdale Park, Brooklyn Park  
October 27th, 2009

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	63		1	St Alphonsus	41	
2	St Vincent de Paul	66	P. Baker	2	St Vincent de Paul	79	P. Baker
3	St Alphonsus	74		3	Calvin Christian	107	
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Kellen Schmitz (8) STA	5:31		1	Amy Gasperlin (7) SVDP	6:08	P. Baker
2	Christian Smith (7) SVDP	5:55	P. Baker	2	Abby Jerich (7) STEPH	6:14	
3	Seth Hanson (7) CC	6:06		3	Marissa Kuik (6) MCC	6:31	

St Raphael's School  
October 3rd, 2008

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Elizabeth Seton	98		1	St Alphonsus	67	
2	St Vincent de Paul	146	P. Baker	2	St Vincent de Paul	129	P. Baker
3	St Alphonsus	159		3	Calvin Christian	136	
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Shawn Fitzgibbons (8) SES	5:59		1	Alexis Fritz (8) MCC	6:35	

2	Jackson Richards (8) STA	6:06		2	Amy Gasperlin (6) SVDP	6:37	P. Baker
3	Kellen Schmitz (7) STA	6:12		3	Mikaala Smith (8) CC	6:59	

St Raphael's School  
September 28, 2007

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Elizabeth Seton	96		1	St Vincent de Paul	84	B. Smith
2	St Vincent de Paul	105	B. Smith	2	Meadow Creek Christian	91	
3	St Alphonsus	128		3	St Alphonsus	161	
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Eric Miller (8) STA	6:22		1	Katelyn Fritz (8) MCC	6:27	
2	Nicholas Manciu (8) PROV	6:24		2	Kiersten Peterson (8) RAPH	6:41	D. Johnson
3	Jackson Richards (7) STA	6:39		3	Libby Wanner (8) SVDP	6:46	B. Smith

St Raphael's School  
September 29, 2006

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Calvin Christian	65		1	St Vincent de Paul	77	B. Smith
2	St Elizabeth Seton	121		2	Meadow Creek Christian	142	
3	St Vincent de Paul	123	B. Smith	3	St Raphael's	143	D. Johnson
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	David Kennedy (8) EPIPH	6:21		1	Abbi Aspengren (8) MCC	6:45	
2	Caleb Corman (8) CC	6:24		2	Sarah Greteman-Leo (8) MCC	6:55	
3	Taylor Montero (7) SVDP	6:33	B. Smith	3	Katelyn Fritz (7) MCC	7:03	

St Raphael's School  
September 30, 2005

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Vincent de Paul	78	B. Smith	1	St Vincent de Paul	89	B. Smith
2	Calvin Christian	88		2	St Alphonsus	121	
3	St Elizabeth Seton	89		3	Epiphany	124	M. Zar...
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Nick Wanner (8) SVDP	6:21	B. Smith	1	Sarah Greteman-Leo (7) MCC	7:12	
2	Caleb Corman (7) CC	6:24		2	Allie Nelson (8) CC	7:18	
3	Taylor Montero (6) SVDP	6:33	B. Smith	3	Libby Wanner (6) SVDP	7:25	B. Smith

St Raphael's School  
September 18, 2004

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Elizabeth Seton	86			1	St Raphael's	54	D. Johnson
2	St Raphael's	91	D. Johnson		2	St Vincent de Paul	68	B. Smith
3	St Vincent de Paul	95	B. Smith		3	Providence	83	
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Evan Algiers (8) SES	6:47			1	Theresa Cassidy (7) RAPH	7:35	D. Johnson
2	Travis Anderson (8) SVDP	6:50	B. Smith		2	Madeline Brown (8) PROV	7:36	
3	Brian Gosz (8) SES	6:50			3	Stephanie Petretti RAPH	7:37	D. Johnson

No Meet in 2003

St Raphael's School  
October 26, 2002

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	Maranatha	74			1	Providence	80	
2	St Raphael's	82	D. Johnson		2	St Raphael's	82	D. Johnson
3	St Odilia	88			3	St Vincent de Paul	86	B. Smith
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Mitchell Haviland (8) MARA	6:01			1	Kayla Holovnia (8) RAPH	7:11	D. Johnson
2	Greg LeGarde (8) STO	6:27			2	Abby Letak (8) PROV	7:15	
3	Stephen Schmidt (8) STO	6:30			3	Kelsey Nistler (8) SVDP	7:25	B. Smith

St Raphael's School  
October 29, 2001

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Odilia	18			1	St Odilia	31	
2	St Vincent de Paul	64	B. Smith		2	Medicine Lake Lutheran	34	
3	St Raphael's	104	D. Johnson		3	St Raphael's	59	D. Johnson
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Matt Nicol (8) STO	6:08			1	Sarah Teigen (8) STO	7:42	
2	Sean Steinhauser (8) RAPH	6:09	D. Johnson		2	Megan Murphy (8) MLL	7:43	
3	Matthew Acker (6) SVDP	6:21	B. Smith		3	Emma Parenteau (8) STO	8:14	

St Raphael's School  
October 30th, 2000

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Sacred Heart	125		1	St Odilia	97	
2	St Raphael's	131	D. Johnson	2	Meadow Creek Christian	102	
3	Meadow Creek Christia	142		3	Sacred Heart	108	
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Brandon Miller (8) STO	6:16		1	Sarah Hupperts (8) STO	6:19	
2	Jared Mulvihill (8) MCC	6:22		2	Jonelle Echert (8) SVDP	7:17	B. Smith
3	Paul Osborne (8) MLL	6:25		3	Katy Dale (7) SVDP	7:21	B. Smith

St Raphael's School  
November 2, 1999

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	St Raphael's	75	D. Johnson	1	Meadow Creek Christian	51	
2	Meadow Creek Christian	79		2	St Vincent de Paul	90	B. Smith
3	St Vincent de Paul	125	B. Smith	3	St Raphael's	112	D. Johnson
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Brandon Miller (7) STO	6:18		1	Jenni Marchal (8) MCC	6:19	
2	Nathan Budish (7) MCC	6:24		2	Rebecca Bahnmliller MCC	7:16	
3	Derrick Johnson (8) RAPH	6:34	D. Johnson	3	Laura Skog MCC	7:18	

St Raphael's School  
October 24, 1998

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Meadow Creek Christian	31		1	Meadow Creek Christian	21	
2	St Raphael's	36	D. Johnson	2	St Vincent de Paul	39	
3	Sacred Heart	60		3	St Raphael's	97	
PI	Boys Individual	Time	Coach	PI	Girls Individual	Time	Coach
1	Jeremy Nutzman (8) MCC	6:15		1	Jennie Marchal (7) MCC	6:51	
2	Tim Schnee (8) RAPH	6:15	D. Johnson	2	Katie Patnode (8) SVDP	7:10	B. Smith
3	Mark Pomerleau (8) SVDP	6:29	B. Smith	3	Alyssa Vetsch (8) SVDP	7:12	B. Smith

St Raphael's School  
October 27, 1997

PI	Boys Team	Score	Coach	PI	Girls Team	Score	Coach
1	Meadow Creek Christian	31		1	Meadow Creek Christian	21	
2	St Raphael's	36	D. Johnson	2	St Vincent de Paul	39	B. Smith
3	Sacred Heart	60		3	St Raphael's	97	D. Johnson

PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Jeff Snegosky (8) RAPH	6:14	D. Johnson		1	Amy Budish (8) MCC	6:23	
2	Jeremy Nutzman (7) MCC	6:41			2	Jenni Marchal (6) MCC	6:39	
3	Nathan Hildebrandt (8) RAPH	6:43	D. Johnson		3	Catherine Blick (7) SVDP	7:05	B. Smith

**St Raphael's School**  
October 24, 1996

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	Meadow Creek Christian	34			1	Meadow Creek Christian	22	
2	St Vincent de Paul	42	B. Smith		2	St Vincent de Paul	35	B. Smith
3	St Raphael's	46	D. Johnson		3	St Raphael's	78	D. Johnson

  

PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Brent Anderson (8) RAPH	6:25	D. Johnson		1	Amy Budish (7) MCC	6:47	
2	Andrew Higgins (7) SVDP	6:41	B. Smith		2	Jenni Marchal (5) MCC	7:18	
3	Travis Johnson (8) MCC	6:57			3	Deb Helm (8) MCC	7:22	

**St Raphael's School**  
October 22nd, 1995

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Vincent de Paul	29	B. Smith		1	St Vincent de Paul	34	B. Smith
2	St Raphael's	54	D. Johnson		2	St Raphael's	47	D. Johnson
3	Meadow Creek Christian	78			3	St Alphonsus	52	

  

PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Ryan Schommer (8) SVDP	6:12	B. Smith		1	Jackie Blick (8) SVDP	6:35	B. Smith
2	Andrew Globa (8) SVDP	6:18	B. Smith		2	Andrea Vetsch (8) SVDP	6:53	B. Smith
3	Roger Linn (8) SVDP	6:27	B. Smith		3	Jenny Bell (7) SVDP	6:57	B. Smith

**St Raphael's School**  
October 15, 1994

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Vincent de Paul	21	B. Smith		1	St Vincent de Paul	21	B. Smith
2	St Alphonsus	39			2	Meadow Creek Christian	49	
3	St Raphael's	123	D. Johnson		3	St Alphonsus	105	

  

PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Scott Schugg (8) SVDP	6:19	B. Smith		1	Jackie Blick (7) SVDP	6:51	B. Smith
2	Ryan Schommer (7) SVDP	6:23	B. Smith		2	Jenna Herzog (5) SVDP	6:57	B. Smith
3	Ryan Georges (8) SVDP	6:26	B. Smith		3	Andrea Vetsch (7) SVDP	7:02	B. Smith



St Raphael's School  
October 16, 1993

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Vincent de Paul	35	B. Smith		1	St Vincent de Paul	28	B. Smith
2	Sacred Heart	36			2	St Stephen's	79	
3	St Alphonsus	66			3	St Raphael's	84	D. Johnson
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Kevin Taubman (8) SAC	5:52			1	Lisa Schommer (8) SVDP	6:41	B. Smith
2	Chris Tempel (8) SAC	6:00			2	Megan Ackerman (7) SVDP	6:46	B. Smith
3	Zachary Kmetz (8) SVDP	6:00	B. Smith		3	Sarah Knox (8) SVDP	6:48	B. Smith

Bassett Creek Park, New Hope  
October 24, 1992

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Vincent de Paul	18	B. Smith		1	St Vincent de Paul	28	B. Smith
2	St Alphonsus	48			2	St Raphael's	57	D. Johnson
3	Epiphany	54			3	St Alphonsus	66	
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Jordan Herzog (8) SVDP	5:59	B. Smith		1	Macie Linn (8) SVDP	6:39	B. Smith
2	Andy Phenow (7) SVDP	6:09	B. Smith		2	Rachel Whamuff (8) SVDP	6:48	B. Smith
3	David Parks (8) SVDP	6:12	B. Smith		3	Sarah Knox (7) RAPH	6:55	B. Smith

Bassett Creek Park, New Hope  
October 12, 1991

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Alphonsus	25			1	St Al	30	
2	St Vincent de Paul	48	B. Smith		2	St Vincent de Paul	67	B. Smith
3	St Elizabeth Seton	66			3	Meadow Creek Christian	68	
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Trent Jude (8) STA	5:53			1	Macie Linn (7) SVDP	6:41	B. Smith
2	Jordan Herzog (7) SVDP	6:01	B. Smith		2	Sarah Mayer (8) MCC	6:46	
3	David Parks (7) SVDP	6:23	B. Smith		3	Alicia Sutton (8) RAPH	6:48	D. Johnson

No Meet in 1990

Bassett Creek Park, New Hope  
October 28, 1989

PI	Boys Team	Score	Coach		PI	Girls Team	Score	Coach
1	St Vincent de Paul	27	B. Smith		1	St Vincent de Paul	43	B. Smith
2	St Alphonsus	64			2	St Alphonsus	54	
3	St Bridget's	79			3	Immaculate Conception	60	
PI	Boys Individual	Time	Coach		PI	Girls Individual	Time	Coach
1	Bryan Siegrist (8) SVDP	5:36	B. Smith		1	Jill McDonell (8) STA	6:53	
2	Dan Prokott (8) IMC	5:45			2	Christine Sawicky (6) STA	6:57	
3	Patrick Smith (8) SVDP	5:50	B. Smith		3	Jodi Gee (8) SVDP	6:59	B. Smith